



The Master Apartments

New Shareholders and Residents,

The Welcome Group would like to extend a warm welcome you to as you settle into your new home at the Masters Apartments and offer any help and assistance you may need in settling into the building and neighborhood. Below you will find some websites, area businesses and emergency services we feel will make your move into our beautiful area easier and more fulfilling. You are kindly invited to provide suggestions you may have to add to the information below.

Thank you.

Supermarkets:

Whole Foods	808 Columbus Ave. (97 th Street) wholefoodsmarket.com/stores
Gristedes	262 West 96 Street & Broadway 2704 Broadway (103 rd Street)
D'Agostino	2828 Broadway (110 th Street)
Garden of Eden	2780 Broadway (107 th Street)
West side Market	2589 Broadway (97 th Street) 2840 Broadway (110 th Street)
Columbia Farmers Market	Broadway (114 th - 115 th Street) (Thursday & Sunday)
Fairway Market	2127 Broadway (74 th Street) fairwaymarket.com
Citarella (seafood market)	2135 Broadway (75 th Street) citarella.com
Zabar's Market	2245 Broadway (80 th Street) zabars.com

Online ordering from restaurants in the area for delivery

Grubhub.com	
Seamless.com	
Fresh direct	freshdirect.com (grocery delivery service)

Post office:

Cathedral Station	215 West 104 th Street
	Hours: Mon-Fri 9:00am-7:00pm
	Saturday 9:00am-4:00pm
	Sunday Closed

Police:

24 th Precinct	151 West 100 Street (212) 860-6511
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Sports and Exercise:

West Side Gem	310 Riverside Drive Suite 102 (discount for building residents)
BodyStrength Fitness	250 West 106 th Street (east side of Bway) Bodystrengthfitness.com
Yoga	2744 Broadway (btw 105 th and 106 th Streets) lifeinmotion.com
Barre on Broadway	2744 Broadway barreonbroadway.com
Upper West Side Cycling	2744 Broadway uwscycling.com
West End Fitness	752 West End Ave. (97 th Street) www.westendfitnessnyc.com
Equinox Gym	2465 Broadway (92 nd Street) equinox.com
SoulCycle	350 Amsterdam Ave. (77 th Street) soul-cycle.com
Riverside Clay Tennis Association	rcta.info
NYC Parks information	nycgovparks.org

Houses of Worship:

Church of the Ascension (Catholic)	221 W. 107 th Street (east of Bway)
Ansche Chesed Synagogue	251 W. 100 th Street (West End Ave)
West End Presbyterian	165 W. 105 th Street (Amsterdam Ave)
Grace United Methodist	125 W. 104 th Street (Amsterdam-Columbus)
NY Buddhist Church	331 Riverside Dr. (105 th -106 th Street)
The Cathedral Church of St. John the Divine (Episcopal)	1047 Amsterdam Ave (112 th Street) stjohndivine.org

Medical Care/Hospitals:

Emergency number for police or fire	911
New York City Information/Complaint #	311
City MD Urgent Care	Broadway (east side at W. 104 th Street) www.citymd.com
Cure Urgent Care	Broadway (west side between W. 102 nd & 103 rd Streets) cureurgentcare.com
Mount Sinai	1190 5 th Ave. (100 th -101 st Street) mountsinai.org
St. Luke-Roosevelt Hospital	1111 Amsterdam Ave. (114 th -115 th Streets)

Pharmacies:

Duane Reade	2681 Broadway (102 nd -103 rd Street)
Suba Pharmacy	2721 Broadway (104 th Street)
CVS	743 Amsterdam Ave. (96 th Street)

Resources for Pet Owners:

Dog Owners Guide to Riverside Park

https://www.nycgovparks.org/sub_your_park/vt_riverside_park/images/dog_owners_guide_riverside_park.pdf

105th Street Dog Run - <http://dogrun105.org/>

Veterinarians Upper West Side, Manhattan, NY from Yelp

http://www.yelp.com/search?cflt=vet&find_loc=Upper+West+Side%2C+Manhattan%2C+NY

We invite residents to send information on your favorite:
restaurants, shops, other finds in the neighborhood.